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Book of Abstracts



Happiness

IN A MULTICULTURAL WORLD

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Coordinator: Jorge Guardiola Edita

e imprime: Godel S. L. Authors:

Federico López Capra

Ana Belén Fernández García

José Manuel Jiménez Cabello

José Manuel Moreno Mercado

Samara López Ruiz

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Intergenerational relationships and psychological well-being: differences in generativity within different professional profiles.

Olga Strizhitskaya

Saint Petersburg State University

Background: One of the challenges that face modern society is demographic change that is not limited to growing proportion of older adults and life expectancy, but it is related to a more complicated shift in the system of intergenerational communications both in family and at work. Solid body of research showed that positive relations with others and particularly with family positively affect one's psychological well-being. There are few studies on wider intergenerational social network and even less that address psychological mechanisms that explain these associations.

Methods: Participants were 100 students aged 18-20 from social departments of Saint-Petersburg's universities (psychologists and economists). Methods: semantic differential for intergenerational relationships (Montero, Strizhitskaya, 2016), Scale of psychological well-being (Zhukovskaya, Troshikhina, 2011), Loyola generativity scale (Strizhitskaya, Polyakova, 2018), demographic survey.

Findings: Results confirmed positive associations between intergenerational relationships and psychological well-being, positive intergenerational relationships within the family supported more positive appraisals of intergenerational relationships with non-family social ties. We found that generativity was higher among the psychologists, it was not associated with psychological well-being. For economists, higher scores of generativity predicted higher levels of psychological well-being.

Discussion: Our results suggest that while general pattern of associations between intergenerational relationships and psychological well-being is rather stable, the mechanisms that support these associations may depend on professional profiles. We also believe that students do not have strong professional deformation yet, so our results reflect personality predispositions such as motivation and values that lead to a choice of a particular occupation. Study was supported by RFBR grant 19-013-00861.