# abstracts

 $\times\!\!\vee\!\!\mid$ European Congress of

**Psychology** 





# BOOK OF ABSTRACTS XVI EUROPEAN CONGRESS OF PSYCHOLOGY

**EUROPEAN FEDERATION OF PSYCHOLOGISTS' ASSOCIATIONS** 

LOMONOSOV MOSCOW STATE UNIVERSITY, FACULTY OF PSYCHOLOGY

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# VALUES AND SEMANTIC BASES OF LIFE SITUATION CHANGES

### Inna Murtazina

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In modern psychology generally accepted the idea of the changing context challenges that become a source of change, requiring the individual to adopt new strategies of interaction with the world. One acts as an active subject of changes in one's own life and self-changes. The basis of life choice is the person's awareness of the importance of the existing life situation, his interests and opportunities, the requirements of the situation and the consequences of the choice. The most important basis for the realization of life choice is the system of values and meanings. The aim of the study was to identify the value-semantic basis of preferences of school graduates entering a nonresident University and moving to another city. 257 respondents (M=17.44 years). 110 first-year students, who left their hometown ("mobile" group); 147 first-year students, who remained in their hometown ("non-mobile" group). Purpose-in-Life Test of J.Crumbaugh and L.Maholic (adapted by D.Leontiev); values inventory of S. Schwartz: survey. The findings differences between the groups. For "mobile" group the values relating to openness to changes

are more meaningful. The value of "Stimulation" (the desire for novelty) occupies the 4th rank place in the "mobile" group and the 9-th rank place — in the "non-mobile" group. The values of conservation — "Conformity" (p=0.001), "Security" (p=0.012), "Tradition" (p=0.009) — are statistically significantly higher for the "non-mobile" group. The overall level and all indicators of meaningfulness of life in the "mobile" group is higher than in the "non-mobile" group (p<0.001). The increase in indicators of life meaningfulness in the "mobile" group entails in identification of new meanings and search of new opportunities. This can be the basis for preference changes in the life situation. In the "non-mobile" group the usual situation is more attractive, which keeps from changes. In the "mobile" group the future time perspective is more attractive due to the hopes associated with it that encourages changes. Thus, when making a decision to change the life situation, the system of values and meanings is more significant than behavioral readiness for changes. Supported by RFBR project 18-013-00703.

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