

# The influence of sensorimotor experience on beauty evaluation of preschool children.

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#### Conflict of interest statement

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest

#### Author contribution statement

MA and MAU conceptualized the study together with CG and EM. MA, AM, FF and MAU collected the data. MA, AM, FF and SU analysed the behavioural and kinematic data and performed the statistical analyses. SU gave valuable expert support for interpreting the kinematic results. CG and EM have made important contributions to interpreting the impact of results in education and pedagogy. MA and MAU conceptualized the manuscript. MA and AM wrote the manuscript with contributions from all co-authors. All authors approved the final version of the manuscript and read and agreed to the published version of the manuscript.

#### Keywords

aesthetics, development, embodiment, simulation, Mirror mechanisms

#### Abstract

#### Word count: 203

Nowadays there is a broad consensus on the role of multimodality in the construction of an embodied aesthetic experience in adults, whereas little is known about the relationship between sensorimotor and aesthetic experience during development. To fill this gap, the present study investigated whether sensorimotor experience with sculpting natural materials (i.e., clay or sand) influences beauty judgments offered to abstract artefacts made by the same materials. Five years old children (n.47) were asked to rate tactile (How smooth is it?), visual (How dark is it?) and beauty (How much do you like it?) proprieties of two artefacts using a visual-analogue measurement-tool ad-hoc developed to fit children's cognitive skills. Participants rated the artefacts before and after a free-hands manipulation with only one of the two sculpting materials, either sand or clay. Results showed that the greater the sensorimotor interaction experienced with the artefacts, the higher the increment of beauty rating offered to the artefacts made by the same material previously manipulated. No modulations were found for tactile and visual ratings. These results demonstrate that, even in pre-school children, aesthetic experience is specifically linked to its sensorimotor component, supporting, from a developmental perspective, the definition of aesthetic experience as intrinsically rooted on beholders' bodily experience.

#### Contribution to the field

The present study is part of the rich line of research investigating the close connection between sensorimotor and cognitive development in children. The contribution of sensorimotor formats and experiences to the development of more abstract cognitive skills is now a fact that does not fail to influence educational and pedagogical practice in particular among preschoolers. The present study contributes to this field of research by demonstrating, for the first time, the crucial role that bodily experience has in formulating a beauty assessment, thus extending the contribution of sensorimotor constituents to the development of aesthetic experience. Furthermore, the present study realized an ad-hoc measurement tool allowing a quantitative analysis of the explicit judgments related to emotional, sensory, and aesthetic experiences made by pre-school children. This methodological achievement overcomes the limitations of previous studies giving a practical upgrade that can easily be used in other studies on pre-school populations.

#### Ethics statements

#### Studies involving animal subjects

Generated Statement: No animal studies are presented in this manuscript.

#### Studies involving human subjects

Generated Statement: The studies involving human participants were reviewed and approved by Institutional Review Board of the University of Parma (Prot. 0009293). Written informed consent to participate in this study was provided by the participants' legal guardian/next of kin.

#### Inclusion of identifiable human data

Generated Statement: No potentially identifiable human images or data is presented in this study.

#### Data availability statement

Generated Statement: The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.



# 1 The influence of sensorimotor experience on beauty evaluation of 2 preschool children.

- 3
- 4 **Running title: The more you move, the more you like.**
- 5

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- 21 Keywords: aesthetics, development, embodiment, mirror mechanisms, simulation
- 22

#### 23 1 Abstract

24 Nowadays there is a broad consensus on the role of multimodality in the construction of an embodied aesthetic experience in adults, whereas little is known about the relationship between sensorimotor and 25 26 aesthetic experience during development. To fill this gap, the present study investigated whether sensorimotor experience with sculpting natural materials (i.e., clay or sand) influences beauty 27 28 judgments offered to abstract artefacts made by the same materials. Five years old children (n.47) were 29 asked to rate tactile (How soft smooth is it?), visual (How dark is it?) and beauty (How much do you like it?) proprieties of two artefacts using a visual-analogue measurement-tool ad-hoc developed to fit 30 children's cognitive skills. Participants rated the artefacts before and after a free-hands manipulation 31 32 with only one of the two sculpting materials, either sand or clay. Results showed that the greater the 33 sensorimotor interaction experienced with the artefacts, the higher the increment of beauty rating 34 offered to the artefacts made by the same material previously manipulated. No modulations were found 35 for tactile and visual ratings. These results demonstrate that, even in pre-school children, aesthetic 36 experience is specifically linked to its sensorimotor component, supporting, from a developmental perspective, the definition of aesthetic experience as intrinsically rooted on beholders' bodily 37 38 experience.

#### 39 2 Introduction

40 Aesthetic experience represents a unique condition in human perception as, in this case, object perception is inherently linked to the appreciation of its properties rather to the finalistic propensity to 41 42 act on it. From a neuroscientific perspective, aesthetic experience can be conceived as the state 43 allowing a beholder to "perceive-feel-sense" an object (Di Dio and Gallese, 2009), and involves a rich interplay between brain networks linked to perception, reward, and cognition (Chatterjee and 44 Vartanian, 2014). It is now well established that aesthetic experience, although often directed towards 45 judgement of appraisal, is not completely divorced from sensorimotor component. Indeed, a critical 46 contribution to aesthetic evaluation derives from the activation of embodied mechanisms in response 47 48 to the viewed stimulus encompassing the simulation of actions, emotions, and corporeal sensations 49 (Freedberg and Gallese, 2007, Siri et al., 2018). Large evidence, collected among adults, has demonstrated that the simulation of the artistic gestures composing an abstract work of art (Leder et 50 51 al., 2012, Ticini et al., 2014) or the mimicry of facial expressions portrayed in figurative artworks (Ardizzi et al., 2020a, Ardizzi et al., 2021) increased the aesthetic judgement of observers. In a recent 52 53 TMS study, by using stimuli depicting static or dynamic representational paintings of human figures 54 or landscapes, it has been shown a link-mediated by dynamism impression-between the amplitude of observers' motor evoked potentials and their liking judgements (Fiori et al., 2020). This automatic 55 56 sensorimotor simulation constitutes a basic and universal component of the triadic description of aesthetic experience allowing the processing of elemental features of aesthetic objects as well as their 57 58 recognition and engagement through embodied mechanisms. Although these processes have been 59 extensively demonstrated in adult populations, no studies to date have investigated whether sensorimotor simulation can participate to the formation of an aesthetic experience in children. Over 60 the past decades there has been an uptick in developmental research demonstrating the presence of 61 62 spontaneous sensorimotor simulation responses early in life. The youngest sample in which sensorimotor simulation was observed through mu rhythm desynchronization in response to action 63 observation were 4-month-olds (Virji-Babul et al., 2012). Differently, a much earlier debut of 64 sensorimotor engagement has been estimated by using behavioural measures (Meltzoff and Moore, 65 1989). In general, studies focusing on pre-school populations confirm the presence of spontaneous 66 sensorimotor simulation, producing consistent and convergent results, and linking such responses to 67 68 action understanding and communication (Salo et al., 2019). Nevertheless, no studies have explored

69 the link between sensorimotor simulation and the formation of an aesthetic experience in pre-school 70 children. Indirect evidence supporting the thesis of a sensorimotor involvement in children's aesthetic experience comes from studies demonstrating that at 4 years of age, children's beauty preference has 71 72 been tied to their personal experience (Parsons et al., 1978, Savva and Trimis, 2005, Savva, 2003). Furthermore, from 3 to 5 years of age, sensitive "micro-developmental" phases within body aesthetic 73 74 preference have been described (Di Dio et al., 2018). To date, a study directly testing whether 75 children's aesthetic experience can be influenced by sensorimotor formats is still missing. To fill this 76 gap, in the present study, we collected children's beauty and sensory ratings to two abstract artefacts 77 made by two different sculpting natural materials (sand and clay) before and after a sensorimotor 78 interaction with only one of two materials. Children were asked to freely explore one of the two 79 materials with their hands. If sensorimotor interaction plays a role in beauty judgment formation, we 80 expect a correlation between the amount of sensorimotor interaction and the modulation of the beauty 81 judgement.

## 82 **3** Materials and Methods

The study was conducted in accordance with the Declaration of Helsinki (2013) and was approved by the Institutional Review Board of the University of Parma (Prot. 0009293). Children's parents or legal

85 representatives provided informed consent to participate in the study.

86 The study consisted of 2 phases involving 2 groups of children enrolled in 2 consecutive school years.

All the children involved came from 3 different kindergartens in the municipality of Reggio-Emilia and were recruited thanks to the collaboration with Reggio Children Foundation and "Istituzione

89 Scuole e Nidi dell'Infanzia". All phases of the study were designed in close collaboration with

pedagogues, educators, and atellierists. Interaction between experimenters and children were done

91 under the supervision of educators. The whole study was done inside the schools, so a familiar setting

92 for the children that allowed their free and active collaboration.

93 The first phase of the study (see below 3.1 Measurement tool development and 3.2 Measurement tool

validation) was devoted to the design, realization and testing of a visual-analogue measurement tool

enabling pre-school children to make judgements on a continuous scale. The second phase of the study(see below 3.3 Experimental session) implemented this tool in an experimental protocol aimed at

97 testing whether sensorimotor interaction can modulate beauty judgement of pre-school populations.

### 98 **3.1 Measurement tool development**

99 To overcome limitations faced by previous studies (Danko-McGhee and Slutsky, 2011, Rodway et al.,

100 2016, Schabmann et al., 2016), we developed a measurement tool allowing preschool children to

101 provide quantitative judgements in line with their cognitive skills.

### 102 3.1.1 Participants

103 During the school year 2019/2020, 60 kindergarten students (mean age = 5.4 years,  $\pm$  3 months; M=27) 104 were recruited to develop the measurement tool to be used in the next experimental session.

### 105 **3.1.2 Procedure**

106 The educational plan for the first year of the 3 classes involved a pedagogical work focusing on the

107 concept of measurement to get them used to the concept of measuring the much and the little. Students

108 were introduced to the concept of measurement and gained experience measuring concrete objects with

109 various instruments. Once they were familiarized with this concept, students designed a measuring

- instrument with the help of pedagogues, educators and atellierists. The classes worked independently
- 111 during the school year, thus developing 3 different measurement tools. At the end of the year, the
- educators with the atellierists synthesized these 3 solutions into a single version. This final version was
- 113 then presented to the classes who used it to measure concrete and abstract experiences lived in
- 114 scholastic context and recreational situations.

# 115 **3.1.3 Measurement tool description**

116 The final version of the measurement tool consisted of a white rectangular cardboard (45 x 50 cm) resting on a wooden support about 100 cm high on which an inverted isosceles triangle measuring 35 117 118 x 45 cm was drawn (Figure 1A and supplementary video). Throughout its area, the triangle had a lighter 119 color gradient near the vertex (minimum ratings) and a darker one at the base (maximum ratings). The 120 triangle therefore constituted a continuous quantitative scale through which children could provide 121 scores in a visuo-analogic way. The ratings were provided though a wooden circular magnet that could 122 be placed by the children in any area within the triangle. The final version of the measurement tool allowed children to make quantitative judgments in their continuous equivalent, fitting preschool 123 124 children cognitive development. In fact, literature has shown that preschool children preferably express 125 quantitative estimates through visual-spatial scales, using visual-analogic tools (Sella et al., 2015,

126 Viarouge et al., 2019).

# 127 **3.2 Measurement tool validation**

To ensure the validity of the measurement tool created, during the school year 2020/2021 an independent group of children, not involved in measurement tool development, took part in the tool validation.

### 131 3.2.1 Participants

132 During the school year 2020/2021, 44 kindergarten students (mean age = 5.5 years,  $\pm 3$  months; M=25)

133 were recruited to test the measurement tool. This group of participants participated also in the

134 experimental session (see below).

# 135 **3.2.2 Procedure and validation results**

136 After 3 months of familiarization during which the children, accompanied by educators, used the measurement tool to evaluate sensory and emotional everyday experiences, a formal validation of the 137 138 tool efficacy was performed. Children were asked to use the measurement tool to rate 6 objects (a 139 puppet, a doll, a photograph of an animal, a song, a candle, and a box of scented tea). Each object was 140 rated according to its sensory (e.g., How smooth is this doll?), beauty (e.g., How much do you like this doll?) and emotional (e.g., How sad is this doll?) proprieties. Figure 1B shows the mean rating and 141 142 distribution obtained at the 3 scores. The mean sensory score was 24.43 cm ( $\pm$  11.67 cm), the mean beauty score was 29.26 cm ( $\pm$  10.23 cm), whereas the mean emotional score was 25.37 cm ( $\pm$ 10 cm). 143 144 Score distributions (Figure 1B) revealed that children acquired a good competency in the use of the measurement tool distributing the scores equally among the different scores (sensory vs. beauty two-145 samples K-S test: p = 0.075; sensory vs. emotion two-samples K-S test: p = 0.46; emotion vs. beauty 146

147 two-samples K-S test: p = 0.20).

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#### 151 **3.3 Experimental session**

#### 152 3.3.1 Participants

During the school year 2020/2021, 47 kindergarten students (mean age = 5.5 years,  $\pm$  3 months; M=27) 153 154 were involved in the study. Power was calculated a-posteriori by means of GLIMMPSE33 (https://v3.glimmpse.samplesizeshop.org/#) using the Hotelling-Lawley Trace which is recommend 155 due to its equivalence to mixed model test. The design included one categorical and two continuous 156 predictors and we checked for main effects and interactions. The actual mean, SD and SD ratio (without 157 scale factor) of the dependent measure was included, together with its real correlation matrix. The 158 significance level was set  $\alpha = 0.05$  resulting in an actual power of 0.87 with our sample size (n.47). The 159 total sample size exceeded the minimum amount required (N = 39) estimated by means of statistical a 160 priori sample size calculation, obtained for repeated measures ANOVA considering within factors 161 effect  $(1-\beta = 0.95, \alpha = 0.05, \text{ and effect size } f = 0.30)$ . Children had normal or corrected-to-normal 162 visual acuity and had no declared developmental disorders. 163

#### 164 **3.3.2 Procedure**

165 The experimental procedure (Figure 2) consisted of 2 rating phases interspersed with a sensorimotor interaction session. -The full experimental session lasted about 15 minutes. To avert confounding 166 167 effects, during the 3 months preceding the experimental session, educators did not plan activities involving the use of sand or clay at school. In both rating phases, each child was asked to rate 2 artefacts 168 laying on two tables and made by 2 different sculpting natural materials (sand and clay). The ratings 169 were provided using the measurement tool previously described. One artefact, made by sand, showed 170 171 a series of concentric curves. The second artefact, made by clay, consisted of a series of punctiform depressions. Each artefact was rated according to its tactile (How soft smooth is it?), visual (How dark 172 is it?) and beauty (How much do you like it?) proprieties. The order of artefacts presentation and 173 questions was balanced between participants. After the child had answered each question, the 174 experimenter measured the score by marking the position where the child had placed the magnetic 175 cursor. Recording participant's response was performed measuring the distance, in centimeters, 176 between the apex of the triangle and the position of the magnet. The children made the judgements 177 individually and without time limits 178

179 The sensorimotor interaction occurred after the first rating phase and lasted 3 minutes. It was carried 180 out in a dedicated room by one pair of children at a time, they were asked to freely explore and manipulate the material with their hands. The experimenters gave no other instructions. The children, 181 if they wished, were free to move around the table on which the material was distributed. The tables 182 where artefacts were presented for the rating phases were the same size as the tables where 183 184 sensorimotor interaction took place. Either sand or clay was placed on the table. Half of the children exclusively interacted with sand, whereas the other half exclusively manipulated clay. A camera was 185 186 placed on the ceiling above the table to capture children's hand movements during exploration/manipulation. For each child, colored markers were placed on her/his wrist, index finger, 187 and thumb of both hands. The video recorded during the sensorimotor interactions were then processed 188 189 with Tracker Video Analysis and Modelling Tool 6 (https://physlets.org/tracker/) allowing the 190 computation of kinematic and dynamic models of point mass particles in 2D videos.

191	Figure 22 here

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#### 194 3.3.43.3.3 Statistical analyses

195 The change scores between the ratings given to the material before and after the sensorimotor 196 interaction session were calculated for each question and each material. The change score was 197 calculated as a differential score (i.e., post interaction rating – pre interaction rating) so that Hhigher 198 change scores indicated an increment in children evaluation after sensorimotor interaction. This 199 procedure was followed considering judgment similarity in terms of standard deviations (beauty initial 200 rating:  $M = 32.99, \pm 11.81$ ; tactile initial rating:  $M = 24.87, \pm 13.78$ ; visual initial rating:  $M = 22.35, \pm 12.78$ 13.49) and the adoption of a closed scale for responses. The change scores given to the artefact made 201 with the material manipulated by the participant were named as congruent. Conversely, the change 202 203 scores given to the artefact made with material with which the child did not interact were considered 204 incongruent. Please, refer to Figure 3 for a graphical representation of the change scores between conditions and across questions. According to the proposed hypothesis, a modulation was expected only 205 for congruent material change scores. Tactile and visual ratings were used as control for which no 206 207 modulation due to sensorimotor interaction was expected. Differently and according to the 208 aforementioned hypothesis, if sensorimotor interaction plays a role in children's aesthetic experience, 209 a modulation of the beauty ratings was expected only for beauty congruent change scores.

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---- Figure 2<u>3</u> here ----

To test this hypothesis, a linear mixed effect analysis was performed. Participants' change scores were entered as dependent variable, Question (3 levels: Tactile, Visual and Beauty) and Condition (2 levels: Congruent, Incongruent) were included as independent fixed variables. Participant intercept was entered as random effect. Tukey's test was used for post hoc comparisons among means whenever necessary.

217 Out of the 3 minutes of sensorimotor interaction, a kinematic model of the mass point fixed on the 218 child's right index finger was computed for the middle minute. Then the Euclidean Distance covered 219 by the mass point is estimated for 10 time bins each lasting 6 seconds. This procedure allowed the 220 computation of the slope, the peak and the mean of the Euclidean Distance covered during the entire 221 middle minute by each participant. The slope, the peak and mean of the Euclidean Distance represented 222 the variation along time, the maximum and the average distance covered by participants' right hand, 223 respectively. Thus, they worked as proxy measures of the amount of the sensorimotor interaction that 224 each child had with the material.

According to the proposed hypothesis, a modulation was expected only for congruent material change scores. Tactile and visual ratings were used as control for which no modulation due to sensorimotor interaction was expected. If sensorimotor interaction plays a role in children's aesthetic experience, a modulation of the beauty ratings was expected only for beauty congruent change scores, so that According to our hypothesis, the higher the sensorimotor interaction (higher slope\_the peak, and the mean Euclidean Distance values), the higher the beauty change scores.

To test this hypothesis, <u>three mixed-effect models (one for each Question) were run including</u> Condition (Congruent and Incongruent) and Kinematic parameters (Slope and Mean) as fixed effects. Participants were entered as random effect, and participants' initial ratings were included as covariate.multiple regression models were conducted separately for each change score (i.e., Tactile, Visual and Beauty change scores) and Kinematic parameters (i.e., Slope, Peak, Mean) including Condition (2 levels: Congruent, Incongruent) as predictor. Whenever the interaction between

- 237 Condition and Kinematic parameters resulted significant, univariate tests were then run to further
- explore the significant interaction effects.
- All analyses were performed using R software (https://www.r-project.org/) and lme4, Hmisc, simr and
   psych packages. For data visualization we used the ggplot2 package.

#### 241 3.4 Results

- 242 The linear mixed model explained 5.4% of the variance in change scores, considering the random
- 243 effects ( $R^2m = 0.008$ ;  $R^2c = 0.05$ ). The model revealed neither a significant main effect of Question
- 244  $(\chi^2_{(2)} = 4.85, p.08, \eta p^2 = .01)$  nor a significant main effect of Condition  $(\chi^2_{(2)} = 0.90, p.34, \eta p^2 < .01)$ .
- 245 Furthermore, the model showed no significant Question \* Condition interaction ( $\chi^2_{(2)} = 0.15$ , p. 92,
- 246  $\eta p^2 = .00$ ) (Figure 3).
- 247 Figure 3 here —
- 248 The model performed on Tactile change score explained 45% of the variance, taking into account the
- 249 random effect ( $R^2m = 0.44$ ;  $R^2c = 0.45$ ). The model revealed a significant effect of participants' initial
- 250 <u>tactile ratings used as covariate ( $\chi^2_{(1)} = 63.35$ , p.001). Univariate test performed to further investigate</u>
- 251 this effect showed that the higher the participants' initial tactile ratings, the lower the Tactile change
- 252 <u>scores (F<sub>(1,88)</sub>= 62.81, p.001,  $\beta$  = -0.64, R<sup>2</sup><sub>adj</sub> = 0.41, 95% CI [-1.04, -0.63]; initial tactile ratings: M = 24.07</u>
- 253 24.87 cm, SE = 1.45; Tactile change score: M = 3.26 cm, SE = 1.88).
- 254 The model performed on Visual change score explained 43% of the variance, taking into account the
- 255 random effect ( $R^2m = 0.43$ ;  $R^2c = 0.43$ ). The model revealed a significant effect of participants' initial
- 256 <u>visual ratings used as covariate ( $\chi^2_{(1)} = 49.08$ , p.001). Univariate test performed to further investigate</u>
- 257 this effect showed that the higher the participants' initial visual ratings, the lower the Visual change
- 258 <u>scores (F<sub>(1,84)</sub>= 48.05, p.001,  $\beta$  = -0.60,  $R^2_{adj}$  = 0.36, 95% CI [-0.99, -0.55]; initial visual ratings: M =</u>
- 259 22.35 cm, SE = 1.45; Visual change score: M = 3.35 cm, SE = 1.86).
- 260 The model performed on Beauty change score explained 43% of the variance, taking into account the 261 random effect ( $R^2m = 0.43$ ;  $R^2c = 0.43$ ). The model revealed a significant effect of participants' initial 262 beauty ratings used as covariate ( $\chi^2_{(1)} = 48.69$ , p. 001), as well as, a significant Condition \* Mean 263 interaction ( $\chi^2_{(1)} = 5.02$ , p. 02). Univariate test performed to further investigate the effect of initial 264 beauty ratings showed that the higher the participants' initial beauty scores, the lower the Beauty 265 change score ( $F_{(1,88)} = 47.26$ , p. 001,  $\beta = -0.59$ ,  $R^2_{adj} = 0.34$ , 95% CI [-1.03, -0.57]; initial beauty ratings:
- 266 M = 33 cm, SE = 1.24; Beauty change score: M = -0.08 cm, SE = 1.68).
- 267 <u>Multiple regression models conducted on Tactile change score did not show any significant Condition</u>
- 268 \* Kinematic parameters interaction (Slope:  $F_{(1)} = 0.00$ , p. 92; Peak:  $F_{(1)} = 0.88$ , p. 34; Mean:  $F_{(1)} = 0.82$ , 269 p. 36).
- 209 <del>p. 30).</del>
- 270 Similarly, multiple regression models conducted on Visual change score did not show any significant 271 Condition \* Kinematic parameters interaction (Slope:  $F_{(1)}$ = 3.19, p. 08; Peak:  $F_{(1)}$ = 2.23, p. 13; Mean:
- 272  $F_{(1)} = 2.06, p. 15$ ).
- 273Lastly, multiple regression models conducted on Beauty change score revealed a significant Condition274\* Kinematic parameters interactions (Slope:  $F_{(1)}$ = 4.44, p. 03; Peak:  $F_{(1)}$ = 8.15, p. 005; Mean:  $F_{(1)}$ =2759.57, p. 002). Univariate tests (Figure 4) performed to further better explore investigate the significant
- 276 Condition \* Mean interaction these interactions showed that the higher the mean amount of

277 sensorimotor interaction (i.e., mean Euclidean Distance), the higher a significant effect on the Congruent Beauty change scores ( $\underline{F}_{(1,43)} = 7.04$ , p. 01,  $\beta = 0.37$ ,  $R^2_{adi} = 0.12$ , 95% CI [-6.8, 49.8]; 278 Congruent Beauty change scores: M = -0.54 cm, SE = 2.44; Mean Euclidean Distance: M = 0.47 cm, 279 280 SE = 0.03 Slope:  $t_{(43)} = 2.52$ , p. 015,  $\beta 1 = 0.35$ , 95% CI [40, 365.83]; Peak:  $t_{(43)} = 2.47$ , p. 01,  $\beta 1 = 0.35$ ,  $\overline{95\% \text{ CI}[2.60, 25.61]}$ ; Mean:  $t_{(43)} = 2.65$ , p. 01,  $\beta 1 = 0.37$ , 95% CI [6.78, 49.77]). Differently, univariate 281 282 test performed between the mean amount of sensorimotor interaction (i.e., mean Euclidean Distance) 283 and and not on Incongruent Beauty change scores did not resulted significant ones ( $F_{(1,43)}$ = 2.98, p.09,  $\beta = -0.25$ ,  $R^2_{adi} = 0.04$ , 95% CI [-40.21, 3.11]; Incongruent Beauty change scores: M = 0.38 cm, SE = 284 285 <u>2.35</u>). Slope:  $t_{(43)} = -0.49$ , p. 62,  $\beta 1 = -0.07$ , 95% CI [-209.14, 126.70]; Peak:  $t_{(43)} = -1.56$ , p. 12,  $\beta 1 = -1.56$ , 0.23, 95% CI [-20.52, 2.57]; Mean:  $t_{(43)} = -1.72, p. 09, \beta 1 = -0.25, 95\%$  CI [-40.21, 3.11]). 286

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---- Figure 4 here----

#### 288 4 Discussion

The present study investigated whether sensorimotor experience concurs to the formation of an aesthetic evaluation in preschool children. To accomplish this goal, a group of children rated the tactile, visual and beauty proprieties of two artefacts made by two different sculpting natural materials after having manipulated only one of them. If sensorimotor experience plays a specific role in the formation of an aesthetic judgment, we expected a modulation of the beauty ratings offered to the artefact made by the handled material only.

295 Contrary to expectationsLooking at the distribution of change scores between conditions and across 296 questions, no substantial significant modulations effects were observed when examining only the 297 explicit judgements made by participants can be found (Figure 2). In other words, without considering 298 in the model the amount of sensorimotor experience made by each participant, the material 299 manipulation of the material did not modulate any of the explicit judgements made on the artefacts. 300 This null result effect is better understood considering the significant and specific modulation that the 301 amount of sensorimotor interaction, operationalized in the kinematic parameters of interest (i.e., slope, 802 peak, and mean values of the Euclidean Distance), exerts on the beauty judgement. In fact, the results 303 of the regression models showed that the greater the sensorimotor interaction, the greater the increment 304 in beauty ratings given by the children on the artefact made by the material previously experienced.

305 Overall, these results provide us with important insights. The absence of modulation of the explicit 306 ratings apart from the amount of sensorimotor interaction differs from evidence derived from adult 807 populations (Leder et al., 2012, Ticini et al., 2014, Ardizzi et al., 2020a; 2020b). Indeed, in these 308 previous studies, a modulation of aesthetic judgements was visible at the behavioral level without 309 considering the natural inter-individual variation of the included sensorimotor experience. This 310 difference could be due to several factors. On a methodological level, the protocol of the present study 311 involved an active sensorimotor experience separated in time from when the children answered the 312 questions and not a sensory motor simulation offered simultaneously with the beauty judgement. 313 Furthermore, the interaction that the children experienced with the material was free, and as such was 314 extremely variable in terms of the sensorimotor feedback. In contrast, protocols developed on adults 315 required the reproduction of precise gestures (e.g., simulation of ample brush strokes) or facial 316 expressions (e.g., contraction of the corrugator muscle) which was being asked to be performed 317 concurrently with the formulation of the beauty judgment. It is possible that replacing the here proposed 318 free interaction with a controlled gesture reproduction can, even during an early developmental age, 319 trigger the effect at the behavioral level. Another possible explanation could lie in a specific 320 developmental modulation of the link between sensorimotor and aesthetics experience. A previous 321 work has suggested that visual preference for canonical body structures follows non-linear 322 developmental trajectories in preschoolers (Di Dio et al., 2018). Indeed, a recent study showed that motion perception reaches an adult-like level around 8 years of age, whereas form perception continues 323 324 to develop and reaches an adult-like level around 12 years of age (Benassi et al., 2021). Coherently, 325 Ross and Atkinson (Ross and Atkinson, 2020) have highlighted that, although the developmental trajectory followed by sensorimotor and body-state simulation is currently unclear, differences 326 327 between adults and children in specific affective and cognitive processes can be due to a latter's lack 328 of complete sensorimotor and body-state simulation. Proceeding from the same premises, it is possible 329 to hypothesize that pre-school children have a sensorimotor simulation mechanism that is not yet fully 330 developed and that which consequently it favors the formation of an aesthetic evaluation to a lesser or 331 more variable extent. In order to confirm or refute this hypothesis, studies integrating the development of aesthetic experience with that of sensorimotor simulation processes in a longitudinal perspective 332 333 would be necessary.

334 The significant and specific increment-modulation of beauty judgments associated with the mean 335 amount of a greater level of sensorimotor interaction, instead, suggests that even in pre-school populations the aesthetic experience is not completely decoupled from its sensorimotor component, 336 337 supporting, from a developmental perspective, the definition of the aesthetic triad proposed by 338 Chatterjee and Vartanian (Chatterjee and Vartanian, 2014). It is important to point out that, among the 339 kinematic variables considered, it is the average of movement (mean Euclidean Distance) and not its variation over time (slope of Euclidean Distance) that was significant. This suggests a more general 340 341 effect of the amount of sensorimotor interaction rather than its variability. Further analyses, with 342 respect to the quality of movements performed, could help to better describe this phenomenon in a child population. This Our main result brings previous findings into a broader interpretative 343 framework, emphasizing that also in the case of aesthetic experience, sensorimotor constituents 344 345 contribute to the development of such high-level cognitive function. The sensorimotor contribution to 346 human cognitive development is not in controversy to date. Numerous studies, for example, have 347 linked sensorimotor experiences to the development of linguistic (Mazzuca et al., 2021) or arithmetic 348 (Barrocas et al., 2020) skills in children. This is, however, the first time that this relationship has also 349 been clearly highlighted in preschoolers for the formation of aesthetic judgement. Our results can also 350 be interpreted in line with the theories on the role of sensorimotor development in children elaborated 351 by Vygotsky (Vygotsky, 1978; Newman & Holzman, 2013; Klimkowski, 2020) who believed that the 352 acquisition of motor skills was closely related to the development of higher mental processes. He argued that children's early motor behaviors, such as grasping and reaching are essential precursors to 353 354 later cognitive development and that aesthetic appreciation is an important aspect of children's 355 development and plays a significant role in their emotional and cognitive growth. He supposed that 356 children's early experiences with art, music, and literature help to stimulate their imagination, 357 creativity, and critical thinking skills. His broader theoretical framework for the development of 358 children's cognitive, emotional, and social skills also addresses the interplay between aesthetics and 359 sensory motor skills. According to Vygotsky's sociocultural theory, children's development is shaped 360 by their social and cultural environment, children learn through interaction with others and the tools and practices of their culture. In this context, aesthetic appreciation and motor skills are interrelated 361 and mutually supportive. Important pedagogical remarks can thus be further opened up. As already 362 363 pointed out (Swann, 2008), preschoolers' development progresses from children's exploratory actions on the objects and materials to their increasingly more complex explorative relationships to support a 364 range of emerging representations props of symbolic play, letters of the alphabet, and also, aesthetic 365 experience. These actions provided foundations of learning and prefigure later phases in bodily and 366 cognitive development. Therefore, aesthetic curriculum for young children should tap into children's 367 368 sensorimotor experiences by encouraging them to structure knowledge-building activities in ways that are the natural extensions of the sensorimotor experiential knowledge they already possess. It is important to highlight that aesthetics is often considered as limited to the study of art, but in contemporary educational theory and practice it has come to mean a variety of rather different things, such as sensory education, beauty appreciation, social education, affective and moral development (Carr, 2013).

374 This study has some limitations to be considered. First, we explored the role of sensorimotor experience 375 in a limited population of 5 years old children. Longitudinal studies are needed to better understand the developmental trajectory of sensorimotor contribution to aesthetic experience. Furthermore, we had 376 377 restricted the evaluation of aesthetic experience to a beauty judgement. Although this is a frequently 378 used proxy to study aesthetic experience, it is plain that aesthetic experience, even at pre-school age, 379 extends far beyond the mere judgement of liking to encompass emotional and reward dimensions. In 380 fact, most likely the manual interaction with the material was a multidimensional pleasant experience 381 for the children that was reflected in the increased score they gave to the beauty judgment. Coherently, 382 we cannot rule out an addictive effect of the hedonic feelings elicited by the sensorimotor experience 383 on the modulation of Congruent Beauty ratings. Lastly, the present protocol directly tests the role of 384 an active free sensorimotor experience rather than a true sensorimotor simulation. However, 385 proceeding from the present results, it will be possible to design protocols to evaluate also in children 386 the contribution of sensorimotor simulation on aesthetic judgement similarly to what has been more 387 commonly tested in adults.

388 In conclusion, the overarching suggestion of the present study is that one (though not the only) 389 important avenue for children education lies in the vital relevance of sensorimotor experiences to the 390 cultivation of a wealth of virtuous resources and skills that can be invested by children outside and 391 inside educational contexts during development.

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### 394 **75** Figure captions

395 Figure 1. Panel A) Front and side views of the ad-hoc developed measurement tool; Panel B) Score 396 distributions obtained during measurement tool validation. Black dots indicate the mean values, bold 397 vertical colored lines mark the median values, rectangles identify the interquartile ranges, and the 398 colored areas show scores densities.

Figure 2. Graphic sketch of the performed experimental protocol. Each rectangle corresponds to asingle experimental phase.

401 Figure 3. Violin plots showing tactile, beauty and visual change scores obtained in response to the 402 Congruent (orange) and Incongruent (purple) conditions. Black dots indicate the mean values, bold 403 horizontal black lines mark the median values, rectangles identify the interquartile ranges, and the 404 colored areas show scores densities.

- **Figure 4.** Effect of kinematic parameters (i.e., slope\_, <u>peak</u> and mean Euclidean Distance values) displayed for Congruent and Incongruent conditions on Beauty change scores. \* = p < 0.05.
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### 484 **97** Contribution to the field statement

The present study is part of the rich line of research investigating the close connection between sensorimotor and cognitive development in children. The contribution of sensorimotor formats and experiences to the development of more abstract cognitive skills is now a fact that does not fail to influence educational and pedagogical practice in particular among preschoolers. The present study contributes to this field of research by demonstrating, for the first time, the crucial role that bodily

- 490 experience has in formulating a beauty assessment, thus extending the contribution of sensorimotor
- 491 constituents to the development of aesthetic experience. Furthermore, the present study realized an ad-
- 492 hoc measurement tool allowing a quantitative analysis of the explicit judgments related to emotional,
- 493 sensory, and aesthetic experiences made by pre-school children. This methodological achievement
- 494 overcomes the limitations of previous studies giving a practical upgrade that can easily be used in other
- 495 studies on pre-school populations.

# 496 **108 Conflicts of Interest**

497 The authors declare that the research was conducted in the absence of any commercial or financial498 relationships that could be construed as a potential conflict of interest.

# 499 **<u>119</u>** Author Contributions

500 MA and MAU conceptualized the study together with CG and EM. MA, AM, FF and MAU collected 501 the data. MA, AM, FF and SU analysed the behavioural and kinematic data and performed the 502 statistical analyses. SU gave valuable expert support for interpreting the kinematic results. CG and EM 503 have made important contributions to interpreting the impact of results in education and pedagogy. 504 MA and MAU conceptualized the manuscript. MA and AM wrote the manuscript with contributions 505 from all co-authors. All authors approved the final version of the manuscript and read and agreed to

506 the published version of the manuscript.

# 507 **1210** Ethics statement

- 508 The study was conducted in accordance with the Declaration of Helsinki (2013) and was approved by
- 509 the Institutional Review Board of the University of Parma (Prot. 0009293). Children's parents or
- 510 legal representatives provided informed consent to participate in the study.

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# 519 **14<u>12</u> Data Availability Statement**

- 520 The raw data supporting the conclusions of this article will be made available by the authors, without 521 undue reservation.
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